

<b>Trans Inclusion Policy</b>			
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## 1 Purpose

Sail Manitoba believes that all Sail Manitoba Participants and other individuals deserve respectful and inclusive environments for participation that value the individual’s gender identity and gender expression. Sail Manitoba wants to ensure that all participants have access to programming and facilities in which they feel comfortable and safe. This Policy outlines its approach for creating an inclusive and accessible environment for everyone, regardless of their sexual orientation.

## 2 Definitions

The following terms have these meanings in this document:

- a. *“Cisgender”* – A term to describe a person whose gender identity corresponds with their birth-assigned sex (e.g. someone whose gender identity is man and was assigned male at birth).
- b. *“Gender”* means the socially constructed roles, behaviours, activities and attributes that a society assigns to masculinity or femininity.
- c. *“Gender Expression”* means the way an individual communicates their gender identity to others. This is done through behaviour, body language, voice, emphasis or de-emphasis of bodily characteristics, choice of clothing, hairstyle, and wearing make-up and/or accessories. The traits and behaviours associated with masculinity and femininity are culturally specific and change over time.
- d. *“Gender Identity”* means a person’s innermost sense of their own gender. This can include man, woman, both, neither or something else entirely. Gender also refers to a variety of social and behavioural characteristics (e.g. appearance, mannerisms). There are many terms which individuals may use to talk about their gender identity or expression.
- e. *“Gender reassignment”* means medically supervised program of treatment to transition a person’s body to align with their gender identity through hormone therapy and/or surgery.
- f. *“Intersex”* refers to a combination of features that distinguish male and female anatomy.
- g. *“Member or Member PSA”* means a Sail Manitoba Member, Provincial /Territorial Sailing Association, Sailing or Yacht Club, or Special Organization as defined by Sail Manitoba’s bylaws.

- h. *“Recognized Yacht or Sailing Club, School or Organization”* means a sailing or yacht club, school or organization that is a member in good standing of a Member PSA or contracted by Sail Manitoba or a Member PSA.
- i. *“Sail Manitoba”* means the body duly incorporated under the name Sail/Voile Canada and any Members or Participants of Sail Manitoba engaged in activities with Sail Manitoba, including but not limited to, athletes, coaches, officials, volunteers, directors, officers, team managers, team captains, medical and paramedical personnel and administrators.
- j. *“Sail Manitoba Participants”* mean individuals who are involved or participating in programs and activities directly or indirectly under the auspices of Sail Manitoba and its member PSA, including employees, board and committee members, boat owners, crew, students, athletes, coaches, learning facilitators, instructors, officials, support persons, employees, contractors, volunteers, parents of participants and those representing Sail Manitoba at international or other events not under the jurisdiction of Sail Manitoba.
- k. *“Sex”* means the classification of people as male, female or intersex. Sex is usually assigned at birth and is based on an assessment of a person’s reproductive system, hormones, chromosomes and other physical characteristics, most notably by external genitalia.
- l. *“Trans”* is an umbrella term that describes people with diverse gender identities and gender expressions that do not conform to stereotypical ideas about what it means to be a girl/woman or boy/man in society. It includes but is not limited to people who identify as transgender, transsexual, cross dressers (adjective) or gender non- conforming (gender diverse or genderqueer).
- m. *“Transgender Female”* means someone who was assigned the male sex at birth, but whose gender identity is female
- n. *“Transgender Male”* means someone who was assigned female sex at birth, but whose gender identity is male

## **3 Policy**

### **3.1 Guiding Principles**

Sail Manitoba supports the recommendations outlined in [Creating Inclusive Environments for Trans Participants in Canadian Sport](#), the guidance document developed by the Trans Inclusion in Sport Expert Working Group and published by the Canadian Centre for Ethics in Sport (CCES). Sail Manitoba adopts the best practices outlined in the document and has used the four Policy Guidance statements in the development of this Inclusion Policy. The Policy Guidance statements are:

- a. Sail Manitoba’s Participants as defined in this Policy including Individuals participating in development and recreational sailing (Long Term Athlete Development (“LTAD”) stages Active Start, FUNdamental, Learn to Train, Train to Train, Train to Compete (until international federation rules apply) and Active for Life) shall be able to participate in the gender with which they identify and not be subject to requirements for disclosure of

personal information beyond those required of cisgender athletes, nor should there be any requirement for hormonal therapy or surgery.

- b. Hormone therapy shall not be required for a Sail Manitoba's participant in high-performance sailing (LTAD stages Train to Compete (until World Sailing rules become a factor) and Train to Win) in the gender category that is consistent with their gender identity, unless a sport organization can prove that hormone therapy is a reasonable and bona fide requirement.
- c. Sail Manitoba Participants shall not be required to disclose their trans identity or history to Sail Manitoba in order to participate in high-performance sailing (LTAD stages Train to Compete (until international federation rules become a factor) and Train to Win) unless there is a justified reason requiring them to do so.
- d. Surgical intervention shall not be required for Sail Manitoba Participants to participate in high-performance sailing (LTAD stages Train to Compete (until international federation rules become a factor) and Train to Win) in the gender category that is consistent with their gender identity.

### **3.2 Actions for Inclusion**

Sail Manitoba pledges to:

- a. Provide this *Policy* to Sail Manitoba's staff, Directors, volunteers, and Sail Manitoba's Members, Recognized Yacht or Sailing Clubs, Schools or Organizations and individual participants and provide education on the importance of trans inclusion and what this entails in terms of practices, policies, procedures and norms of behaviour.
- b. Provide registration forms and other documents that allow:
  - i. Individuals to indicate their gender identity and expression, rather than their sex or gender; and
  - ii. Individuals to abstain from indicating a gender identity with no consequence to the individual.
- c. Maintain organizational documents and the Sail Manitoba website in a manner that promotes inclusive language and images.
- d. Refer to individuals by their preferred name and pronoun.
- e. Work with trans athletes on the implementation, monitoring and/or modification of this *Policy*.
- f. When Sail Manitoba has the authority to determine Sail Manitoba Participants' use of washrooms, change rooms, and other facilities, Sail Manitoba will permit individuals to use the facilities of their gender identity.
- g. Ensure uniforms and dress codes that respect an individual's gender identity and gender expression.
- h. Determine Eligibility Guidelines for Transgender Sail Manitoba Participants (as described in this *Policy*).

### **3.3 Eligibility Guidelines – Exceptions**

When applicable, the eligibility guidelines of World Sailing, and/or any major Games (e.g. the Olympic Games, Pan-American Games etc.) regarding trans athlete participation will supersede the eligibility guidelines as outlined in this *Policy*.

### **3.4 Eligibility Guidelines**

As a general guiding principle for Sail Manitoba’s eligibility guidelines, Sail Manitoba supports the following statement from Creating Inclusive Environments for Trans Participants in Canadian Sport:

*Based on this background and available evidence, the Expert Working Group felt that trans athletes should be able to participate in the gender with which they identify, regardless of whether or not they have undergone hormone therapy. Exceptions could be made if a sport organization is able to provide evidence that demonstrates hormone therapy is a reasonable and bona fide requirement (i.e., a necessary response to a legitimate need) to create a fair playing field at the high-performance level (p. 19).*

At both recreational and competitive levels, an individual may participate in their expressed and identified gender category.

Individuals are not required to disclose their trans identity or history to Sail Manitoba or any of the Sail Manitoba’s representatives (e.g., coaches, staff, Directors, officials, etc.), Sail Manitoba Members, PSA Members or Recognized Yacht or Sailing Club, School or Organization and their representatives.

All athletes must be aware that they may be subject to doping control testing pursuant to the Canadian Anti-Doping Program. Trans athletes undergoing gender reassignment are encouraged to contact the Canadian Centre for Ethics in Sport (CCES) to determine what procedures, if any, are required to obtain a Therapeutic Use Exemption (TUE).

### **3.5 Confidentiality**

Sail Manitoba will not disclose to outside parties any documentation or information about an individual’s gender identity and expression. A trans individual’s privacy and confidentiality will be respected.

### **3.6 Ongoing Monitoring**

Sail Manitoba commits to monitoring ongoing developments regarding national and international participation guidelines for trans athletes and pledges to monitor, review and revise this Policy whenever new information becomes available.

### **3.7 Appeal**

Any decision rendered by Sail Manitoba in accordance with this Policy may be appealed in accordance with Sail Manitoba’s Appeals Policy.

## **4 Procedure**

*Intentionally left blank.*

## **5 Governance, Review, & Approval**

The roles and responsibilities for the oversight, review and delivery of this policy are identified as follows:

- **Executive Director:** Administration and regular review of this policy
- **Sail Manitoba Board of Directors:** Responsible to review and approve